



# Murrysville Community "BEAT THE HEAT" 5K RUN / WALK

Saturday, August 21, 2010

Hosted by the Franklin Regional Soccer Boosters

This event is scored by The Runner's High using the ChampionChip Timing System. \*\*

**BEAT THE HEAT**

Murrysville Community 5K Run/Walk

August 21, 2010

**Race starts & ends at Sloan Elementary School, Sardis Rd.,  
Murrysville, PA**

**Race begins at 8:00 AM**

**Information & Registration Form available @  
[www.murrysvilleonline.com/frsoccer/](http://www.murrysvilleonline.com/frsoccer/)**

**Questions: Truby Buccille at [tabuccille@dappolonia.com](mailto:tabuccille@dappolonia.com) or 412-855-3916**

-----  
**REGISTRATION FORM**

Please PRINT **ALL** requested information clearly, detach and mail to:

Truby Buccille  
3932 Laurel Oak Circle  
Murrysville, PA 15668

**Pre-registration: Postmarked by August 14, 2010**

**Registration fee: \$15** if registration form is received by August 14<sup>th</sup>; \$20 after August 14<sup>th</sup>

**T-shirts** are guaranteed to those whose registration forms are received by August 14<sup>th</sup>

Checks Payable to: **Franklin Regional Soccer Boosters**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Age on Race Day:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Sex:** (Please Circle) **M F**

**Shirt Size:** (Please Circle) **S M L XL** (All are Adult T-shirt Sizes)

**Category:** (Please Circle) **RUNNER** or **WALKER**

\*\* On race day, walkers and runners will be issued a rental computer chip which is attached to the shoe lace and worn throughout the race. Special mats at the finish will record a finishing time for each chip. All rental chips must be returned at the finish line. There is a \$35 fee for each lost chip.

**Disclaimer and Release of Liability**

Pursuant to this Disclaimer and Release of Liability, I recognize that I am voluntarily participating in this sporting activity. I recognize the inherent health risks involved and will assume and take on all of the risks and responsibilities in any way associated with my involvement and participation.

In consideration of my entry being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors, administrators and assigns, waive, release and forever discharge any and all rights, liabilities and claims for damages that I may have or which may hereafter accrue to me against the Franklin Regional Soccer Boosters, its officers, members and agents, all race sponsors and race organizers.

I further attest I have read and understand this document and agree to adhere to the terms.

This is a release of your rights. Please read carefully before signing.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

Participant/Guardian(if participant is under age 18): \_\_\_\_\_

**Directions:**

**Eastbound on Rt. 22:** Turn left on Vincent Hall Road (by McDonald's). Proceed straight through next light onto

Sardis Road. Sloan Elementary is approximately 3 miles ahead on right.

**Westbound on Rt. 22:** Turn right on Vincent Hall Road (by McDonald's). Proceed straight through next light onto

Sardis Road. Sloan Elementary is approximately 3 miles ahead on right.

**Entry Fee:**

\$15 if registration form is received by August 14<sup>th</sup>; \$20 after August 14<sup>th</sup>.

T-shirts are guaranteed to those whose registration forms are received by August 14<sup>th</sup>; available while supplies last to those received after August 14<sup>th</sup> including day of race registration beginning @ 7:00 AM on Race Day (8/21/10).

**Awards & Prizes:**

Awards will be presented at the ceremony following the race.

Awards to Top Male & Top Female Overall and to 1st place in the following Male & Female age groups:

**Runners:** U10, 11-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Walkers:** No age bracket; awards to top 3.

Over \$1,000 in prizes will be given away by random drawing after awards are distributed.

All registered participants are eligible for prizes. You must be present to win.